

OTTAWA

metro

NEWS WORTH SHARING.

A laughing matter

Carleton student's Daily Show-style mockery of ISIL lands him in the pages of the New York Times **PAGE 3**

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FIVE'S ALL RIGHT FOR RAVENS

Carleton Ravens players celebrate after crushing the Ottawa Gee-Gees on Sunday to win a fifth consecutive Canadian university men's basketball title. The Ravens won 93-46 at the Mattamy Centre in Toronto. More coverage, pages 4 and 17. **DAVID VAN DYKE/METRO**

Morissette dazzles at Juno Awards

Music. Ottawa native inducted into Canadian Music Hall of Fame



At the 2015 Juno Awards, Kiesza skipped into the spotlight, Arkelles were hailed as hometown heroes, The Weeknd worked and an 80-year-old Leonard Cohen snagged the biggest Juno of his career — and then Alanis Morissette was there to remind us she still knows exactly how to steal a show.

The 40-year-old Ottawa was ushered into the Canadian Music Hall of Fame and closed the show Sunday at Hamilton's FirstOntario Centre with a powerful medley of Uninvited, You Oughta Know and Thank You that melted a grateful Hamilton audience.

"I am deeply appreciative of this country," she said calmly after a standing ovation. "A lot of people around the planet ask me what it is about you

Canadians that make you so expressed and so compelling.

"And I say, 'There's definitely something in the water other than fluoride.'"

Morissette's serene presence steadied a show in which several decorated artists could stake rightful claim to the status as the year's most distinguished victor. In the end, it was Morissette's formidable presence that threaded the show together.

She accepted her award at the halfway point after a touching presentation.

THE CANADIAN PRESS
MORE COVERAGE, PAGE 12

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Satirist pokes fun at ISIL

YouTube. Popular segment is Apple-style commercial for 'ISIS 9 air,' a smartphone for terrorists that has an 'infidel locator'



JOE LOFARO
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Saturday Night Live might have mocked the Islamic State of Iraq and the Levant in one of its skits in February, but it was a few months behind Carleton University student Anas Marwah. He's been doing it since September and has now caught the eye of the New York Times.

The notable American newspaper interviewed the 23-year-old master's student about his satirical YouTube series The Weekly Show, in which he pokes fun at ISIL (also known as ISIS) propaganda and Muslim stereotypes in the media.

The most popular segment included an Apple-style commercial for the "ISIS 9 air," a smartphone for terrorists that has an "infidel locator" and is preloaded with the "Islamic State Operating System" or ISOS-5.

In the Times article published on Saturday, Marwah said it's his mission "to send a countermesssage to youth, making fun (of) and degrading ISIS."

Attacking a group like

Quoted

"I'm just another comedian who happens to be in school."

Carleton University student Anas Marwah



Carleton student Anas Marwah, seen through this Saturday's New York Times. The newspaper interviewed him, inset, for making fun of ISIS through his YouTube show. JOE LOFARO/METRO

that comes at a price. Marwah, who is from Syria, told Metro on Sunday that he is on the receiving end of threats from people he described as "ISIS sympathizers" on his YouTube page.

One commenter wrote, "I can't wait to put my hands on your neck, you infidel,"

according to Marwah's Arabic translation. Others accuse him of rejecting Islam.

But the negative feedback hasn't deterred him and his two partners — Nader Kawash and Maher Barghouti — from putting on a good show.

"The more you piss off the enemy, the happier you become," Marwah said.

As an ode to their idol, The Daily Show host Jon Stewart, the trio works by the guiding motto: "What Would Jon Stewart Do?"

"Jon Stewart, I know for

a fact that if he felt he got targeted by ISIS through comments and stupid stuff, he would not stop," said Marwah.

"He would keep going and make fun of ISIS more than he would have (otherwise)."

Even though his name has been published in one of

the most widely distributed newspapers in the world, he doesn't feel like a bigger target.

According to him, the real targets are the ones fighting Islamic State militants on the ground in Syria and Iraq.

"I'm just another comedian who happens to be in school," he said.

1 NEWS

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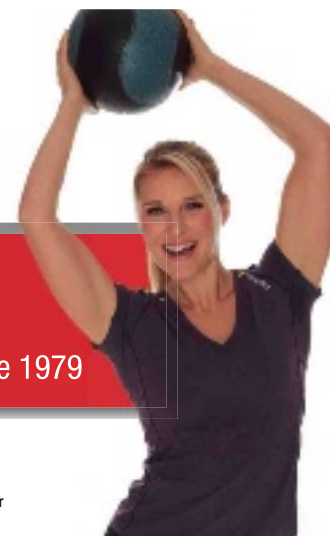
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The Ravens soared highest in the battle of Ottawa teams, as Carleton defeated — make that, demolished — crosstown rivals Ottawa Gee-Gees 93-46 on Sunday. Both schools had a strong fan contingent at Toronto's Mattamy Athletic Centre, as Carleton won its fifth consecutive Canadian university men's basketball title.

PHOTOS BY DAVID VAN DYKE
news@metronews.ca

1 Fans of the Carleton Ravens celebrate the team's big win over the Ottawa Gee-Gees.

2 Fans of the Gee-Gees, from left, Sarah Besselink, Julia Soriano and Kelli Ring.



3 The Ravens take on crosstown rivals Gee-Gees in Toronto on Sunday at the Mattamy Athletic Centre.

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4 Loyal fans show their support for the Gee-Gees.

5 Vikta Paulo, from left, Krista Van Slingerland and Brendan McGuire cheer for the Gee-Gees from Father and Sons restaurant across the street from the University of Ottawa. **NICK HODGE/FOR METRO**





No harm done

"I think it's pretty silly. I'm a smoker myself. It doesn't do anyone any harm."

Lauriane Peudepiece



Harder to quit

"I would say it's a good and bad thing. Some people are trying to quit cigarettes and this makes it harder for them."

Raunak Singh



'Good idea'

"It's a good idea. It smells like a cigarette and the bus area needs to be clean for other customers."

Fatima Zahrae



Ban premature

"If it's dangerous, then it should be certainly prohibited, but right now there's not proof that it is, so I think it's premature."

Nicholas Ethier

Pride's ex-chair criticizes city's funds to festival



LUCY SCHOLEY
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A former Capital Pride chairman is critical of the city's decision to grant \$36,000 to the post-bankrupt organization without publicly released plans for this year's festival.

On Wednesday, the city approved the 2015 budget, which included the funding earmarked for the 2015 festival in the parks, recreation and cultural department.

The city has yet to receive a formal Pride application for funding, yet earmarked the money anyways.

Capital Pride declared bankruptcy following last year's festival after allegedly failing to pay several sponsors. A new community group is partnering with the Bank Street BIA to bring the festival back for its 30th anniversary this year.

Former Capital Pride chairman Alan Chaffe, who has also researched the Pride movement across Canada, was critical of the fact that the city and public have yet to see the proposal.

"Throwing money at a

group of people doesn't add legitimacy to their cause," he told Metro in an email. "Legitimacy of a community festival is earned by truly representing the group of people the organization represents and involving that group in the decision-making process through meaningful dialogue and engagement."

On the Capital Pride Ottawa Facebook page, community member Tammy Dopson, who's involved in the new Pride group, said the proposal details are being kept quiet for now, but added that "dozens of people" in the Pride community have been consulted on the proposal.

"And given that we just started to meet at the end of December during the holiday season — we didn't have a lot of time to have one-on-ones with the entire capital city rainbow connection. But we sure made a good go of it," she wrote.

According to a creditor's report, the former Capital Pride organization owes \$130,000 to its creditors. The report also claims the City of Ottawa is owed \$7,717.

WITH FILES FROM JOE LOFARO

E-cigarettes come with 'an imaginary stigma'

Health. City solicitor Rick O'Connor said last week that transit bylaw prohibits the use of electronic cigarettes on OC Transpo property



JOE LOFARO
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The City of Ottawa's stance against the use of electronic cigarettes in public places is not backed by science, according to an e-cigarette shop owner.

While Electronic Cigarette Ottawa owner Nicholas

Ethier understands the motive behind enforcing the bylaw on buses because it's an enclosed space, he thinks going after people vaping in public is going too far.

City solicitor Rick O'Connor disagrees at least in part; he said in a memo last Thursday that the existing transit bylaw does prohibit the use of e-cigarettes on OC Transpo property, including buses.

Violating the ban could carry a fine of up to \$5,000, according to the memo.

The clarification came after O'Connor made a more "fulsome review" in response to recent media inquiries, which suggested smoking the device on buses

Provincial ban

Ontario's proposed legislation would ban e-cigarettes wherever smoking is already prohibited beginning Jan. 1, 2017.

could not result in fines.

"It just gets crazy after some point," said Davis Holly, owner of the SmokeFX shops.

"I support their rights, but are they being fair to the public? Not really. They're vaping. They're not harming anybody. There is no second-hand vape in second-hand smoke," Holly said. "There's nothing to harm

anybody, other than an imaginary stigma that follows a cigarette. That's all there is there."

O'Connor also reminded city staff in the memo that "vaping" is also prohibited in City of Ottawa parks and outdoor municipal facilities, as well as at city workplaces.

"It's going to be coming to a point where you're walking down a street breaking laws left and right and not even knowing it," said Holly.

Ethier, meanwhile, said there is no science to support a decision to ban e-cigarettes in public places.

"In the park, that's police state material there. I would like to see if the bylaw can hold up in court," he said.



LGBT supporters came from all walks of life during the Capital Pride Parade on Aug. 24, 2014. TREVOR GREENWAY/METRO

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Security. Lone wolf attacks from white, right groups

"Lone wolf" attacks more often come from white supremacists and extreme right-wing ideologies than from Islamic radicalism, internal CSIS documents say.

Citing recent academic research, the unclassified documents note extreme right-wing and white supremacist ideology has been the "main ideological source" for 17 per cent of so-called lone wolf attacks worldwide.

Islamic extremism accounted for 15 per cent of such attacks, the document noted, while left-wing extremism and "black power" groups followed with 13 per cent.

Anti-abortion activism (8 per cent) and nationalism/separatism (7 per cent) rounded out the list, while

in 40 per cent of cases there was no clear ideological motivation.

"Lone actors tend to create their own ideologies that combine personal frustrations and grievances, with wider political, social, or religious issues," note the documents prepared for Michael Peirce, assistant director of the Canadian Security Intelligence Service.

The documents, obtained under access to information law, were prepared for Peirce's appearance before a Senate committee on national security in October.

His testimony came five days after Michael Zehaf-Bibeau fatally shot Cpl. Nathan Cirillo at the National War Memorial.

TORSTAR NEWS SERVICE



Soldier's ashes at centre of emotional day for Ottawa

Followed by mourners, pall bearers carry the urn of Sgt. Andrew Doiron out of the Notre-Dame Basilica during a funeral service in Ottawa on Saturday. Sgt. Doiron was killed by friendly fire during operation Impact on March 6, in northern Iraq.

FRED CHARTRAND/THE CANADIAN PRESS

Senate under the microscope

Politics. Of sandwiches, phone calls and stamps: Senate bristles under microscope scrutiny

"Single phone calls, sandwiches eaten during committee meetings, postage stamps — the smallest details have come up for review in the auditor general's study of Senate expenses.

Senators of all political persuasions have been taken aback by the strength of the

microscope trained on their office, travel and living expenses, as well as claims submitted by staff.

And it hasn't just been the types of questions that have ruffled feathers, but also the level of access accorded to auditor general Michael Ferguson's staff — some 40 auditors in any given month, his office said.

They've been able to delve into the emails of senators, and cellphone records.

For example, the auditor general's office has been cross-referencing daily expense claims with activities,

to verify if the upper chamber really needed to pay for a lunch or whether one was served in a meeting or on a plane trip.

The angst has been building steadily in the Senate as the final report draws closer.

Some have decided to fork over the cash before the report comes out — \$185,677 was reimbursed to the public purse by unnamed individuals in the 2013-14 fiscal year alone, not including monies returned by embattled senators Mike Duffy, Pamela Wallin and Mac Harb.

THE CANADIAN PRESS



Auditor general Michael Ferguson speaks in Ottawa in May 2014. ADRIAN WYLD/THE CANADIAN PRESS

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Hockey. Abusive parents to face stiffer penalties

Hockey parents who swear and yell at coaches, referees and players during their kids' games will be handed stiffer penalties next season by a British Columbia association that is taking aim at "rink rage," inspiring officials across Canada.

The Vancouver Island Amateur Hockey Association's stance garnered more support this week, as police in West Vancouver recommended an assault charge against a 45-year-old man. He allegedly grabbed another player's father during a game between the Hollyburn Huskies and the Semiahmoo Ravens from Surrey, B.C.

Two years ago, a Vancouver man who was videotaped tripping a 13-year-old player while coaching his son's team was handed a 15-day jail sentence by a judge who said the punishment should be a warning to other parents.

Jim Humphrey, president of the Vancouver Island association, said he received widespread support after eight parents were given a one-game suspension for abusing referees, often teens themselves, who quit in frustration. Five

more parents had to sit out the next game for repeat offences.

"I'm hopeful that the mentality of our game will change somewhere because this has been a longtime issue."

He said a new policy means parents — step-parents included — must sign a code of conduct agreeing to behave themselves at games, where F-bombs from mothers and fathers in the stands can fly faster than the pucks on the ice.

In the fall, parents who continue their "overzealous" behaviour after being banned from games will have their children cut from the team, Humphrey said.

One father's money was recently refunded after he'd already been bounced from a previous association, meaning his 10-year-old son can no longer play, Humphrey said.

Humphrey said he will recommend that his association's 21-member board require all parents to take a mandatory online course offered by Hockey Canada and the Respect Group, which was co-founded by former NHL player Sheldon Kennedy.

THE CANADIAN PRESS



"Rink raging" hockey parents who swear and yell at coaches, referees and players during their kids' games will be handed stiffer penalties next season by a British Columbia association. TOM MIHALEK/THE CANADIAN PRESS

Vancouver area

Ballots arrive for transit plebiscite

Ballots for a plebiscite will begin arriving in mailboxes Monday, asking Vancouver-area residents whether they're willing to foot the bill for a huge public-transportation overhaul.

The vote gives citizens the option of paying a 0.5 per cent sales-tax hike in exchange for an upgraded rapid-transit system, more buses and ferries and a new bridge.

The project is expected to cost \$7.5 billion over 10 years. THE CANADIAN PRESS

Bill C-51

Thousands protest anti-terror bill

Thousands of Canadians came together to loudly denounce the Conservative government's proposed anti-terror legislation in rallies held across the country on Saturday.

The Conservative government has said that the bill — C-51 — will make Canadians safer. But many of Saturday's protesters remained unconvinced by the government's assurances that the bill would not infringe upon Canadians' civil liberties and right to protest. THE CANADIAN PRESS



Late-winter snowfall blankets Montreal, Maritimes

A Montrealer walks down the street during a snowfall on Sunday. The last official week of winter started with a bang in the Maritimes as well, with a storm ripping through all three provinces and paralyzing parts of the region. Roadways closed, many flights were cancelled, and police throughout the region advised people to stay home if at all possible. An accumulation of 20 centimetres is expected over night in much of New Brunswick and P.E.I.

PAUL CHIASSON/THE CANADIAN PRESS

NDP bill seeks ban on conversion therapy

Ontario. 'To tell a child that who they are is wrong, we consider that abusive': Cheri DiNovo says in private member's bill

Quoted

"The sessions were not therapeutic but abusive. They led to trauma about my body and a lack of faith in myself."

Erika Muse

her become a woman. She was sent to someone billed as an expert in trans issues but, for the next eight years he refused to prescribe medication, leaving her in a body she hated, and did not treat her trans identity as real, she says.

"The sessions were not therapeutic but abusive," Muse says. "They led to trauma about my body and a lack of faith in myself. I often left feeling violated and hurt."

Muse says her therapist billed under OHIP — the province's health insurance plan — not specifically for conversion therapy but for general therapy. DiNovo wants to ban conversion therapy for anyone 18 and under, and delist it from OHIP for those over 18.

But Health Minister Eric Hoskins said there is no OHIP coverage for that type of therapy.

He spoke in supportive terms of DiNovo's efforts, but said there are already measures in place to crack down on inappropriate practices.

"I would encourage any patient or individual that is aware of a health-care provider providing this type of intervention that they report that individual to the (College of Physicians and Surgeons of Ontario)," he said last week.

"CPSO would see it as almost certainly an act of professional misconduct."

The bill, which is up for second reading at the legislature on April 2, would allow someone like Muse to bring a complaint forward and the therapist could be charged,

Doctors' roles

Dr. Joey Bonifacio, a specialist at the Hospital for Sick Children's transgender youth clinic, said the first person an LGBTQ teen goes to when they first identify is their primary care provider.

- **Risks.** Bonifacio said LGBTQ teens are at a higher risk for depression, substance abuse and suicide.
- **Guidance.** "Families with children who identify as transgendered are desperately looking for guidance. I see young adults who have depression and are cutting after meeting a homophobic therapist," he said.

DiNovo said.

"Lesbian, gay, bisexual, trans, two-spirited or queer is who one is," DiNovo said. "To tell a child that who they are is wrong, we consider abusive." THE CANADIAN PRESS

New Orleans

Heir arrested as murder suspect

Robert Durst, 71, a wealthy and eccentric New York real estate heir, has been arrested on a warrant for the 15-year-old murder of Susan Berman. Berman was killed as detectives prepared to question her in the 1982 disappearance of Durst's wife, Kathie. **THE ASSOCIATED PRESS**

Boston

Virtual restoration of missing art

The Boston museum where thieves stole \$500 million worth of masterpieces a quarter of a century ago will honour the missing works by offering virtual tours. Thirteen paintings vanished on March 18, 1990, 25 years ago Wednesday. **THE ASSOCIATED PRESS**

Iraq

Radical Shia push against ISIL

Dozens of fighters with the militia loyal to radical Shiite cleric Muqtada al-Sadr left Iraq's capital Sunday to take part in an offensive to capture Tikrit from the Islamic State group. Men from Iraq's Peace Brigade left to the Shiite

holy city of Samarra, the launching point for operations to recapture Saddam Hussein's hometown.

Tikrit and Mosul have been under the control of the Islamic State group since it swept across northern Iraq in June. The extremists hold a third of Iraq and neighbouring Syria.

THE ASSOCIATED PRESS

Prague

Czech Republic welcomes Czech-Ukrainians

The Czech president has greeted a group of Ukrainians of Czech descent who have accepted his country's offer to move back to their former homeland because of the turmoil in Ukraine. Czech authorities

have granted permanent residency for 140 people of Czech origin, with 35 arriving Sunday.

"Welcome home," President Milos Zeman told them. "May you like it here."

The government is providing financial support and fully covering a half-year stay in a hotel in the southern Czech Republic.

THE ASSOCIATED PRESS

Police not target: Accused shooter

Ferguson. Prosecutor says suspect told investigators he was firing at someone else

A 20-year-old man charged Sunday with shooting two police officers who were keeping watch over a demonstration outside the Ferguson Police Department had participated in the protests earlier that night, police said.

St. Louis County prosecutor Robert McCulloch said Jeffrey Williams told authorities he was firing at someone with whom he was in a dispute, not at the police officers.

"We're not sure we completely buy that part of it," McCulloch said, adding that there might have been other people in the vehicle with Williams.

Williams is charged with two counts of first-degree assault, one count of firing a weapon from a vehicle and three counts of armed criminal action. McCulloch said the investigation is ongoing.

The officers were shot early Thursday as a crowd began to break up after a late-night demonstration that unfolded after Ferguson police Chief Tom Jackson resigned in the

wake of the scathing federal Justice Department report.

"He was out there earlier that evening as part of the demonstration," McCulloch said of Williams.

A 41-year-old St. Louis County officer was shot in the right shoulder, the bullet exiting through his back. A 32-year-old officer from Webster Groves was wearing a riot helmet with the face shield up. He was shot in the right cheek, just below the eye, and the bullet lodged behind his ear. The officers were released from the hospital later Thursday.

McCulloch said Williams used a .40mm handgun, which matches the shell casings at the scene.

Williams, who St. Louis County police Chief Jon Belmar said is black, is being held on \$300,000 bond.

The north St. Louis County resident was on probation in St. Louis County for receiving stolen property, McCulloch said. "I think there was a warrant out for him on that because he had neglected to report for the last seven months to his probation officer," he said.

Belmar said Thursday that the officers could have easily been killed and called the attack "an ambush."

THE ASSOCIATED PRESS



The St. Louis County SWAT team prepares to search the attic of a house in Ferguson, Mo., last Thursday, after the midnight shooting of two police officers. **CHRISTIAN GOODEN/ST. LOUIS POST-DISPATCH/THE ASSOCIATED PRESS**



Four years since start of Syrian anti-Assad uprising

Anti-Syrian government protesters act as dead prisoners who were killed in Syrian government jails, during a protest to mark the fourth anniversary of the Syrian uprising, at the Martyrs' Square in downtown Beirut, Lebanon, Sunday. Before the civil war started in March 2011, an estimated 22 million people lived in Syria. More than 3.8 million Syrians have fled their country in the four years since the uprising against President Bashar Assad began.

HUSSEIN MALLA/THE ASSOCIATED PRESS

U.K. Alleged ISIL fighter-wannabes deported home

Three male teens from Britain who reached Turkey before being deported to the U.K. — where they were arrested — are believed to be the latest examples of a worrying trend: the rising number of young Britons seeking to travel to Syria to join extremists there.

The three suspects were being questioned at a central London police station after their alleged bid to get to Syria.

British police said the three males, two 17-year-old boys and a 19-year-old man, have been arrested on suspicion of planning terrorist acts. They haven't been charged and their names

haven't been released.

The male trio left Britain several days ago, travelling to Spain and then flying from Barcelona to Turkey. They were detained in Istanbul Friday after British officials notified Turkish authorities.

British legislator Keith Vaz, chairman of the Home Affairs Select Committee, said the case shows that the number of young Britons trying to reach the conflict zone in Syria "is on a much larger scale" than had been thought.

Vaz praised Turkish authorities for acting quickly to prevent the teens from entering Syria.

THE ASSOCIATED PRESS

Brazil. Death toll rises in bus crash into ravine

The Brazilian government raised the death toll of a bus accident to 54 while police continued their search for more victims Sunday in the rugged lands of southern Brazil.

The dead include at least eight young children, three adolescents, 24 women and 14 men, the government of Santa Catarina state said in a statement earlier Sunday when the death toll stood at 49. There was no breakdown by age or gender given on the five additional casualties reported later.

The bus plunged 1,300 feet down a mountain near the city of Joinville on Saturday. Ten people were transferred to nearby hospitals with severe



Rescue personnel work at the site where a passenger bus crashed, killing at least 54 people, Sunday. **EDUARDO VALENTE/AGENCIA O GLOBO, THE ASSOCIATED PRESS**

injuries, and only one patient has been reported in stable condition.

Brazilian President Dilma Rousseff sent her condolences to the families.

THE ASSOCIATED PRESS

China. Premier promises to keep reducing red tape

Premier Li Keqiang expressed determination Sunday to press ahead with reforms meant to reduce the government's role in the Chinese economy in hopes of spurring growth — despite what he acknowledged would be pain for “vested interests” that benefit from regulation.

“This is not nail-clipping. This is like taking a knife to one's own flesh,” Li said after the close of China's annual legislature in Beijing.

During his only news conference of the year, the premier repeated pledges to reduce requirements for government approval of new businesses.

At this year's session of the National People's Congress, the government lowered the official economic growth to seven per cent from last year's 7.5 per cent and promised to maintain employment levels, fight corruption and curb pollution. **THE ASSOCIATED PRESS**

Heart health

Experimental cholesterol drug shows promise

New research boosts hope that a highly anticipated, experimental class of cholesterol drugs can greatly lower the risk for heart attacks and other heart-related problems.

Studies presented Sunday at a cardiology conference in San Diego suggest that people taking one of these drugs had half the risk of dying or suffering a heart problem. Side-effects, especially whether they can harm thinking and memory, remain a question.

One of the drugs is being developed by Amgen Inc. and the other by Regeneron Pharmaceuticals and Sanofi.

THE ASSOCIATED PRESS

Egypt conference

Investors sign deals worth billions of dollars

Egyptian President Abdel-Fattah el-Sissi on Sunday boisterously marked the final day of a major economic conference that has injected billions of dollars' worth of aid and investment in his country, while still acknowledging the road to recovery will be long and costly.

Investors committed \$10.7 billion US to projects on Saturday, a day after Gulf Arab nations announced a \$12.5-billion US aid package. The agreements include a \$6.5-billion deal with Egypt's Orascom group and the Abu Dhabi-owned International Petroleum Investment Co. to build a coal-fired power plant.

THE ASSOCIATED PRESS

Pipeline network expands as Keystone fight drags on

Oil industry. Network has increased by a quarter over the last decade, and new capacity now dwarfs the Keystone project

In a far corner of North Dakota, just a few hundred kilometres from the proposed path of the Keystone XL pipeline, 84,000 barrels of crude oil per day recently began flowing through a new line that connects the state's sprawling oilfields to an oil hub in Wyoming.

In West Texas, engineers activated a new pipeline that cuts diagonally across the state to deliver crude from the oil-rich Permian Basin to refineries near Houston. And in a string of towns in Kansas, Iowa and South Dakota, local government officials are scrutinizing the path of pipeline extensions that would pass nearby.

While the Keystone project awaits a final decision, scenes like these are unfolding almost every week in lesser-known developments that have quietly added more than 18,600 kilometres of pipeline to the nation's domestic oil network.

About 3.3 million barrels per day of capacity have been added since 2012 alone — five times more oil than the Canada-to-Texas Keystone line



Paul Stolen, a retired state biologist now working with groups opposing an Enbridge project in Minnesota, says he thinks the number of pipeline projects will only multiply. MINNEAPOLIS STAR-TRIBUNE/THE ASSOCIATED PRESS FILE

could carry if it's ever built.

The pipeline build-out provides a little-noticed counterpoint to the fierce political battle being waged over the 1,900-kilometre TransCanada project, which is still in limbo seven years after it was proposed. During the long wait for Keystone, the petroleum industry has pushed relentlessly everywhere else to get oil to market more efficiently, and its adversaries have been unable to stop other pipelines.

Environmental groups have fought Keystone by cit-

ing the risk of leaks and the climate-change consequences of fossil fuels. Their success has inspired local protest groups to challenge more projects. But those efforts, while slowing a few pipelines, have not stopped any because the regulatory path is smoother when a pipeline does not cross an international border, as Keystone would.

In Minnesota, local opponents succeeded last year in getting state regulators to consider rerouting a 990-kilometre pipeline proposed by Toronto-

based Enbridge around pristine lakes and forests, delaying it for at least a year.

More typical, though, was an Enbridge project to double the capacity of a 460-kilometre stretch of pipeline in Michigan. Groups like the Michigan Coalition Against Tar Sands fought the proposal, citing a spill in 2010 that caused serious environmental damage. But the Michigan Public Service Commission ruled the project acceptable, and the expansion went ahead.

THE ASSOCIATED PRESS



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VOICES

QUIET, PLEASE — WE'RE GOVERNING

Ever get the feeling that some days the public's business is deemed too important to be left to the public?



COLLINS' CAPITAL
Steve Collins

It's not terribly often that the stricture has to be enforced, but you're not supposed to applaud your city councillors from the gallery.

There was one such rare outburst at last week's budget vote after Somerset Coun. Catherine McKenney reiterated her opposition to program cuts in the health budget.

Bay Coun. Mark Taylor, chairing the meeting in the absence of Mayor Watson, stepped in to restore order.

"Thank you very much, Coun. McKenney, and thank you to the folks in the audience," he said. "But I would remind you that the audience doesn't have the opportunity to participate in the debate by cheering or booing, so thank very much for coming out and being

part of the budget process, but ..."

Thanks for being part of the process, just don't be an audible one. The public was to be seen and not heard, though perfectly welcome to watch the draft budget largely rubber-stamped in its original form. Citizens were reduced to an "audience."

They'd had their chance, technically, to weigh in on the budget at committee and open-house meetings. As far as I can discern, nothing they said in either of these forums changed a single line of the budget.

Councillors had to swallow unpalatable pills, too, from the cuts McKenney complained of to a 2.5 per cent transit fare increase that Kitchissippi Coun. Jeff Leiper opposed but decided he didn't have the votes to stop.

First-term councillors in particular seemed somewhat unsatisfied, and they backed a proposal from River Coun. Riley

Brockington to have city staff survey council on what went well this year, what didn't and changes they might like to make to the budget process.

No problem, replied city treasurer Marian Simulik, but the survey would have to be carried out in the next few weeks if the results were to be taken into account by the time the 2016 budget process starts at finance committee in June.

What ensued were a number of procedural roadblocks from other councillors, a motion to refer the matter to committee, an arcane manoeuvre to reverse Brockington's motion after it passed, plus a five-minute recess for city legal staff to huddle and for some councillors to get on their phones and text whomever it is they text at moments like this.

In general, Brockington's innocuous idea was received by some colleagues as if he had

just dumped a sack of live rattlesnakes on the council table.

The absurdity of the wrangle was not lost on its participants.

"Is it accurate that what we're dealing with now is a motion to do a survey and that motion has already passed so what we're dealing with is a reconsideration of our motion to do a survey?" College Coun. Rick Chiarelli asked at one point. "I hope things have not descended to the point where council cannot be surveyed about budget priorities. That would be ridiculous."

It would, wouldn't it?

But it almost seems some days that the public's business is judged too important to be left to the public, that even the involvement of their elected representatives must be carefully controlled.

Maybe this is one of the reasons applause is so rarely a problem.

Your Ottawa

Dreamy day in the city

Sophie Jolin-Roch walks through Confederation Park on Sunday after spending the afternoon skating at the Rink of Dreams. **NICHOLAS HODGE/FOR METRO**



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Upcoming

Tuesday: St. Paddy's Party

The Carleton Tavern on Parkdale Avenue is celebrating St. Patrick's Day with live music from noon to close. Musical acts include the Fiddleheads, Lorne Daley's Irish Tradition Band and the Gruff Sisters. Irish stew will be available for only \$4.25. **METRO**

Wednesday: Japanese Film Screening



A free screening of *Tokyo Sonata* will be shown at the Embassy of Japan. **SCREENGRAB**

Tokyo Sonata, a critically acclaimed film from Kiyosha Kurosawa, will be screened at the Embassy of Japan on Sussex Dr. The movie will be shown in Japanese with subtitles in English. It's free to get in and starts at 7 p.m. **METRO**

Friday: The Royal Streets

Waterloo indie band The Royal Streets will play a set at Zaphod's nightclub in the ByWard market. Joining them are Ottawa folk acts Weird With Cats and The Brook. The show is 19-plus and doors open at 8 p.m. Tickets are available for \$8 at Vertigo Records. **METRO**

2

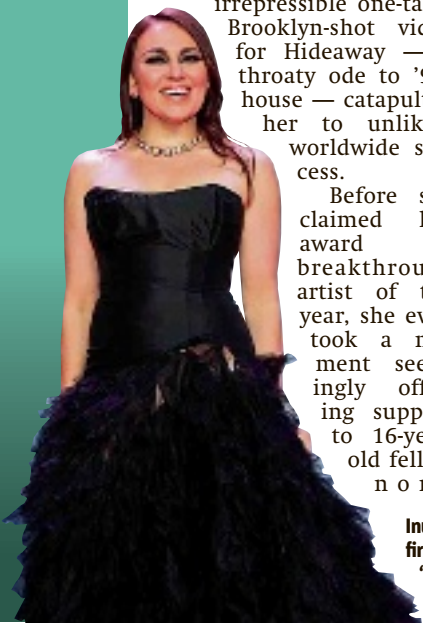
SHOWSTOPPERS

The highlights.
Kiesza, Weeknd,
Arkells take the stage

Besides legend Alanis Morissette, who was this year's top winner at the Junos?

There was the absent Leonard Cohen, Montreal's bard of blackness whose gold-certified *Popular Problems* took the evening's top prize for album of the year, thus giving him six career Junos and continuing his unlikely late-career creative renaissance.

Or perhaps the year's crown jewel was Calgary's Kiesza, winner of her first three career Junos after her irrepressible one-take, Brooklyn-shot video for *Hideaway* — a throaty ode to '90s house — catapulted her to unlikely worldwide success.



Kiesza took a gentle turn at the piano before exploding into the fleet-footed fury of *Hideaway* at the Junos. THE CANADIAN PRESS

inee Shawn Mendes (backstage, she called him "such a sweetheart" and testified that he was a deserving winner: "That kid did it all on his own.")

"I'm shaking. I'm a little nervous," she said as she accepted her award. "Thank you to all my fans ... thank you for all the support this past year."

The Junos also proved to be believers in Magic!, the evening's leading nominees whose reggae-red-

olent smash *Rude* landed the Toronto quartet awards for single of the year and breakthrough group of the year.

They performed the song, too — married as it was to new single *No Way No* — and frontman Nasri Atweh was air-conditioner breezy both while singing and speechifying.

Magic! and Kiesza weren't the only Juno newcomers to make their presence felt.

Although Toronto's the Weeknd (the moniker for master of grim seduction Abel Tesfaye) had won two awards in prior years, he

performed for the first time — crooning his pitch-black 50 Shades of Grey tune *Earned It* on a dimly lit stage, illuminated by sparse light bulbs — and claimed the biggest Juno of his career for artist of the year, in addition to R&B/soul recording of the year.

The typically publicity-averse 25-year-old allowed his speaking voice a rare cameo when he accepted the show-closing award. "Um, I'd like to thank the Junos, of course," he said. "I want to thank Canada, man, thank you guys. I wouldn't be here without you. Thank you." THE CANADIAN PRESS

Inuk throat singer Tanya Tagaq procured her first Juno for Aboriginal album of the year for "*Animism*," which also won the Polaris Music Prize. THE CANADIAN PRESS

Arkells do swell

Hamilton favourites Arkells won group of the year as well as rock album of the year.



Talking the Talk

Toronto quintet July Talk were inaugural winners, taking home the trophy for alternative album of the year.



Weeknd double

Toronto alt-R&B paramour The Weeknd won artist of the year, as well as R&B/soul recording of the year for his hit, *Often*.



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Gossip

NED EHRBAR

METRO'S TAKE ON
THE WORLD OF
CELEBRITIES



Celebs call out D&G's gay-parent snipe

Designers Domenico Dolce and Stefano Gabbana have some not-too-progressive thoughts about gay parents, and certain big names are none too happy about it.

"We oppose gay adoptions. The only family is the traditional one. No chemical offspring and rented uterus: life has a natural flow, there are things that should not be changed," Gabbana declared during an interview with



Italy's Panorama magazine. Dolce had some choice words as well: "You are born to a mother and a father — or at least that's how it should be," he added. "I call children of chemistry synthetic children. Uteri (for) rent, semen chosen from a catalogue."

Needless to say, Elton John was not pleased. John's two children were conceived by in vitro fertilization. "How dare you refer to my beautiful children as 'synthetic,'" he posted to Instagram. "Your archaic thinking is out of step with the times, just like your fashions. I shall never wear Dolce and Gabbana ever again."

Courtney Love chimed in as well, posting that she wants to burn all her Dolce and Gabbana goods. "I'm just beyond words and emotions," she tweeted.

Gabbana said in a state-



Stefano Gabbana (left) and Domenico Dolce are in hot water over remarks they made to an Italian magazine last week about gay adoptions and in vitro fertilization. ALL PHOTOS GETTY IMAGES

ment Sunday that "it was never our intention to judge other people's choices." Dolce

says he was expressing his view about family based on his experience, and that he is

aware that other types of families are just as legitimate. **WITH FILES FROM THE ASSOCIATED PRESS**

Biebs has feelings, too

Justin Bieber really wants you to like him again. After being the butt of the joke for hours during the taping of his Comedy Central roast, the 21-year-old Canadian singer gave a contrition speech.

"I turned a lot of people off over the past few years, but I know I can still turn out good music and turn everything all around," said Bieber, whose music has been overshadowed by his offstage antics, which include reckless driving, public urination and throwing eggs at a neighbour's home.

"I've lost some of my best



qualities. For that, I am sorry," he said. "I'm looking forward to being someone who you guys can all look at and be proud of."

It was a sweet ending to a night of sharp barbs aimed as much at Bieber as the rest of the roasters. Hosted by Kevin Hart, the Comedy Central Roast of Justin Bieber, taped Saturday at Sony Studios, also features Snoop Dogg, Shaquille O'Neal, Martha Stewart and Ludacris. It's set to premiere March 30.

"This is like suicide. Why would you do it?" Hart asked the singer, whom he described as a "huge success that confuses everybody over 14."

THE ASSOCIATED PRESS

Miley and Patrick's love is infectious

Miley Cyrus' relationship with Patrick Schwarzenegger is getting "very serious," sources say, and as luck would have it his sister, Katherine Schwarzenegger, is totally on board with that idea.

"I think they're adorable," Katherine tells Extra. "If my brother's happy,

I'm happy and that's all that matters to me. You just want your sibling to be happy, if they're with someone who makes them happy and in a happy healthy relationship then I'm happy."

Man, she really likes the word happy.



Heather Mills thinks she's bigger than Paul

Heather Mills insisted when she appeared on the Late Late Show that she didn't want to talk about ex-husband Paul McCartney, but she's got a funny way of showing it.

"This is just someone I fell in love with who to me was a normal guy that happened to write a few cool songs in the '60s and a few in the '70s," she says. "Like everyone that's a partner, you fall in love, you get married, you sometimes go, 'Oh my God, this is completely wrong' and you wake up and move on. I once divorced some-

body that I once loved, and then I was abused for it."

Oh, and by the way, she's way more popular with the kids these days than McCartney, so there: "When I go down the street, it's 'Oh my God, you're a ski-racer' or 'You help the animals.' You know, I own the biggest vegan company in the world," she boasts. "If I go down the street, all I get is kids coming up to me. Half of them don't even know who he is. That's why he's got to do songs with Rihanna and Kanye West, so people remember."



Bearded Austrian diva Conchita is living her dream

Long legs crossed, one leopard-skin patterned spike heel dangling, the bearded diva with the expressive brown eyes leans back and laughs heartily when asked what has changed for her since winning Europe's biggest entertainment contest nearly a year ago.

"I'm living my dream," Conchita Wurst told The Associated Press in an interview. "Everything fell into the right place for me."

Everything may be a big word. But for the drag queen, whose journey of self-

discovery took her from bigoted small-town Austria to her emotional victory at the 2014 Eurovision song contest, the last 10 months appear to have confirmed that her path — though not always easy — was the right one.

She rubs shoulders with fashion icons Jean-Paul Gaultier and Karl Lagerfeld and plays sold-out gigs across Europe. UN Secretary General Ban Ki-moon has paid his respects. She has addressed the European Parliament on LGBT rights, and her biography has just appeared in German, with

other languages to follow.

Less than a year ago, over 15,000 Russians demanded that their state broadcaster purge the contest from its programming because of Wurst, accusing "European liberals" of subjecting their children to a "hotbed of sodomy."

The haters still exist — but Wurst says there is also a growing group of "incredible" Russian fans pushing to have her biography published in Russia.

"I made the decision years ago not to focus on negativity," she said. And since the

win, "many people have told me that they have changed their mind about me — they got inspired, which is just overwhelming for me."

Wurst came out at 17. But instead of bringing release, the declaration backfired with her family — at least initially. After several performances brought her some local fame, she was asked by a reporter if she was gay. Suddenly she realized that she had to stop lying to herself and those closest to her. Yes, she blurted out. Then "I went home to my parents, and said, 'Listen, I'm gay.'"

Wurst's parents might well have suspected her sexual orientation — she loved dressing up in women's clothes since childhood. Still she says that for them, the shock was "not the fact that I'm gay, but (that) a week later a newspaper will come out and everybody will know it," including the conservative clientele frequenting her parents' inn.

Eight years on, she calls that moment "one of the most important of my life ... that second where I chose to be myself 100 per cent." **THE ASSOCIATED PRESS**



Conchita Wurst RONALD ZAK/P PHOTO

Bargain shopping gone berserk

A good deal? Sale shopping can be a good cover for the compulsive spending that's draining your bank account



GAIL VAZ-OXLADE
Gail blogs daily at
gailvazoxlade.com

Who doesn't love a good sale? But when bargain hunting, coupon clipping, or mastering the deal becomes the objective, you and your budget are likely headed for big trouble. If you catch yourself saying, "But it was such a deal!" it's time to think twice.

If you're spending money you don't have — if you're putting it on credit and not paying it off in full by the end of the month — it's not a deal. If you're buying something you don't need, it's not a deal. If it takes you three weeks, three months, or never to put what you bought to use, it's not a deal.

A deal is buying the snow-suit your child is going to wear next winter on sale at the end of this winter at 70 per cent off. A deal is picking up a new book you know your sister is dying to read — for half price. A deal is getting something you really need or want at a significant saving, and being able to pay for it in cash.

Shopping for bargains has become a social disease. So how do you know if you've been bitten? Here are three clues:

Your home is jammed to the rafters with stuff.

Chronic bargain shopping is often unconscious spending, so you may not even know you're doing it. Take a look



All those shopping bags might be weighing you down in more ways than you realize. ISTOCK

around. How much of the stuff you bought is sitting unused?

Your favourite phrase is "It was on sale?"

All of us fall prey to impulse shopping from time to time. The problem for people who can't curb their desire for immediate gratification is that they're not prioritizing. They've lost (or never had) the ability to figure out if they can do without, so, even with a whopping salary, they're a centimetre away from destitution.

Acquiring something new makes you feel happy.

As counterintuitive as it may seem, some people become chronic bargain shoppers out of a fear of poverty. It can be a self-esteem thing, too. If you have to have the latest fashions and accessories to feel you're admired, your self-esteem issues are showing.

People who can't pass up a good sale even if it's on something they don't want, need, or even particularly like aren't smart bargain buyers, they're

compulsive shoppers. Scoring deals helps them to ease their insecurities and feel more competent and in control. And they rationalize their purchases as something good they are doing for themselves or their families.

A study by Norwich Union Insurance in Britain in late 2007 showed that 17 per cent of Brits spent more than planned because they couldn't resist a bargain, and almost a quarter of them could justify buying more because of a low price tag. In fact, nearly a third

Are you a bargain junkie?

Do you...

- Hit sale and clearance racks when you're feeling sad or mad?
- Spend more than you can afford?
- See sales as opportunities you just can't pass up?
- Walk out of stores with things you hadn't expected to buy?
- Routinely forget what you bought and find things in your closet with the tags still on?

got such a buzz bargain shopping that they were always on the look out for the next hit.

The next time you find yourself sidling up to the cash register with a bargain in hand, ask yourself:

- Do I need it?
- How will I pay for it?
- What will I do with it?
- What would happen if I waited?

Better yet, get yourself a small notebook and promise you'll never again shop without a list. In this notebook, keep a list of the things you need and want. If you find a bargain, look at your list to see where that item is. If it's at or near the top of your list in terms of priority, and you have the cash on hand, buy. If not, walk away.

You'll accomplish a whole bunch of things with a list book. You'll keep yourself on track, looking only at things you know you need or want, and you'll prioritize your spending.

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How to become the leader at your office

Career building. If you plan on moving up the ladder, you need to be proactive and take risks

LAKSHMI GANDHI
Metro in New York City

Read any career book or blog, and there will likely be a section on the importance of developing your leadership skills in order to move ahead in your career.

What's often less clear (especially to younger workers) is how to best go about doing that.

"Rather than just saying something like, 'My job as a receptionist is just to let people through,' you should be using your job as a platform and take more things on," says Herminia Ibarra, the author of *Act Like a Leader, Think Like a Leader* and an expert on leadership development. "That's how you move up."

Ibarra offers this advice for employees planning their next move:

Take risks

Oftentimes, Ibarra says, employees are hesitant about mixing things up when they are in charge of a project because of a fear of inauthenticity.

"When you are in an unfamiliar role, you don't know what you want to be like," she notes.

"Taking more of a take-charge attitude and doing things like working your network and selling ideas almost seems like a violation of who you are."

Ibarra urges fledgling lead-



Volunteering to present at a conference is a great way to broaden your network. iStock

Quoted

"Get involved in extracurricular activities and industry associations and go to conferences that let you see the big picture."

Herminia Ibarra, author of *Act Like a Leader, Think Like a Leader*

ers to put those hesitations aside.

"Whatever image you have in your mind of a leader is a caricature," she says.

"You can say, 'I don't want to be that person, but I am going to make a commitment to explore outside my comfort zone.'"

Expand your horizons

In addition to branching out within your company, Ibarra urges workers to lean on their networks. "Say you think you should become a better speaker or a better networker," she says.

"If these are things that don't come naturally to you, what I would do is find two or

three role models — people you like or respect — and pull out one or two things that they do well and see if you can try that out yourself."

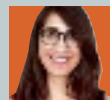
Do more than your job description

One trap that many people fall into, says Ibarra, is that they feel restricted by their jobs.

"Try to see if you can expand the boundaries of your job," she urges. "Get involved in extracurricular activities and industry associations and go to conferences that let you see the big picture. Then, ask yourself how you can apply those skills to your job and learn to be more strategic."

Advice

Don't be Oliver Twist when it comes to your pay



OFFICE SPACE
Eleni Deacon
life@metronews.ca

Dear Metro,
I've been at my job for three years and am still making the same salary as when I started. I really want to ask for a raise at my upcoming performance review, but there's one problem: I'm a wuss! The thought of requesting more money makes me very uncomfortable. How can I get over my anxiety, and get more cash?
— Please, Sir, I Want Some More

Dear PSIWSM,
Although your pseudonym is cute, performance meetings are no time to channel malnourished Dickensian orphans. When asking for a

bump to your pay stub, ditch timidity for tenacity.

To build your confidence — and your case for more coin — review your concrete achievements from the past three years. What assets have you brought to your company and why are you great at your job?

Dot down your accomplishments and prepare an assured-but-appreciative argument. Knowing your spiel won't just settle your nerves — it will also make your claim more persuasive.

Making an appeal for a salary increase may feel uncharacteristically haughty. But if a pay hike is merited, asking for one isn't arrogant.

Dear Metro,
My office is pretty gossipy, but I try to stay out of the drama. However, it recently came to my attention that someone has been bad-mouthing the quality of my work. I really don't want to get involved in some immature spat, but I also want to set the record straight. What's better:

ignoring my enemies or fighting them off?
— Your Words, They Hurt

Dear YWTH,
Base your reaction on the vigour of this rumour. Forgettable by Friday? Just forget about it. But if you're colleague's psst-pssting might weaken your professional reputation, consider a calm but direct response.

Go for the source. Ask your scandal-spewing colleague for a coffee, then ask for an explanation. This isn't a confrontation: Keep your comments reasonable and your tone relaxed. Be upfront about your feelings, but avoid getting passive-aggressive. In short: Don't give them anything new to gossip about. The most effective way to downplay performance-related gossip is to perform effectively. Don't let behind-your-back grumblings distract you from your day-to-day tasks. Stay focused, and no one will speak ill of your work — because it will speak for itself.

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Flank steak is one of the leanest cuts of meat you can eat and is absolutely delicious. I love it as a main course dinner for the family and especially for entertaining hard-to-please guests.

You can always substitute another lean steak such as top sirloin, New York strip or tenderloin.

Leftovers are great to eat

Ingredients

Thai sauce

- 1 cup light coconut milk
- 1/4 cup freshly squeezed lime or lemon juice
- 3 tbsp brown sugar, packed
- 2 tbsp fish or oyster sauce
- 1 1/2 tsp minced garlic
- 1 tsp minced fresh ginger
- 1 tsp hot Asian chili sauce
- 2 tsp cornstarch

- 2 tsp vegetable oil
- 2 cups sliced onions
- 2 cups sliced red bell peppers

- 1 1/2 lb flank steak

Garnish

- 1/3 cup chopped cilantro or parsley



This recipe serves six. ROSE REISMAN

at room temperature or as filling for sandwiches.

If you have time, a flank steak can be marinated for a couple of hours or overnight for a more tender result.

Light coconut milk is a fresh addition to this recipe and one quarter of a cup has only 40 calories and four grams of fat. Compare this to regular coconut milk, which has 136 calories and 14 grams of fat!

Directions

1. To make the sauce: In a large bowl, combine the coconut milk, lime juice, sugar, fish sauce, garlic, ginger, chili sauce and cornstarch.

2. In a nonstick skillet sprayed with vegetable spray, heat the oil over medium-high heat. Cook the onion for 5 to 8 minutes until lightly browned. Add bell peppers and sauté for 5 minutes. Set aside.

3. In grill pan or barbecue sprayed with vegetable spray and preheated to high, grill the steak for about 5 minutes per side for medium-rare or just until done to your preference.

4. Add the sauce to the vegetables and simmer for 5 minutes, until slightly thickened. Slice the steak against the grain and serve with the sauce. Garnish with cilantro.

ROSE REISMAN'S SECRETS FOR PERMA-

NUT WEIGHT LOSS (WHITECAP BOOKS)

BY ROSE REISMAN

Nutritional information

Per serving

- Calories. 265
- Carbohydrates. 10.5 g
- Fibre. 1.1 g
- Protein. 25 g

- Total fat. 13 g
- Saturated fat. 6.0 g
- Cholesterol. 59 mg
- Sodium. 541 mg



This recipe serves six. ROSE REISMAN

Liven up asparagus with subtle sauce

This Asparagus with Orange Sauce and Toasted Pecans side dish is a perfect example of how steamed asparagus tastes much better with a subtle sauce.

The orange flavour and the morsels of toasted pecans go so well with this tasty vegetable.

Be sure not to overcook the asparagus or you'll end up with a stringy, chewy mess.

If you're not serving it immediately, rinse the asparagus with cold water to

Ingredients

- 1 1/2 lb trimmed and cleaned asparagus

Orange Sauce

- 1/2 cup orange juice

- 3 tbsp hoisin sauce
- 1 1/2 tsp cornstarch
- 1 tsp minced garlic
- 1 tsp minced fresh ginger
- 1 tsp sesame oil

Garnish

- 2 tbsp chopped toasted pecans
- 1 tsp grated orange zest

stop the cooking process.

Reheat it in hot water or in the microwave.

1. Steam or boil the asparagus just until tender, about 3 minutes.

2. In a small saucepan, whisk together the orange juice, hoisin sauce, cornstarch, garlic, ginger and sesame oil until the cornstarch dissolves. Reduce the heat to a simmer and cook

until slightly thickened, about 2 minutes. Pour over the asparagus and sprinkle with pecans and orange zest. ROSE REISMAN'S SECRETS FOR PERMANENT WEIGHT LOSS (WHITECAP BOOKS) BY ROSE REISMAN

PGA

Spieth wins playoff on strength of short game

Jordan Spieth and his world-class short game paid off Sunday in a playoff victory in the Valspar Championship.

Spieth holed a 12-foot par putt on the 18th hole to join a three-man playoff with Patrick Reed and Sean O'Hair. He won on the third extra hole by making a 30-foot birdie putt.

Reed made a 30-foot birdie on the last hole that got him into a playoff, and he made two improbable par saves in the playoff until Spieth beat him at Innisbrook. O'Hair was going for his first win since 2011 and had a 12-foot birdie putt on the second playoff hole that caught the lip.

Spieth saved par on his final three holes for a 69. He goes to No. 6 in the world. **THE ASSOCIATED PRESS**

MLB spring training

Jays split squads both victorious

R.A. Dickey gave up two runs in five innings, Russell Martin drove in a run and a Toronto Blue Jays split squad routed the Canadian junior national team 17-3 on Sunday.

Making his third start of the spring, Dickey yielded four hits, walked one and struck out one on 70 pitches. He was shaky in his last outing against Minnesota on Tuesday, allowing two solo home runs in four innings.

Jose Bautista hit a two-run homer, Jose Reyes had a run-scoring triple and a double, and the Jays' other split squad roughed up Julio Teheran and the Atlanta Braves for a 10-5 victory. **THE ASSOCIATED PRESS**

NHL



Senators goalie Andrew Hammond makes a glove save on the Flyers' Matt Read at the Canadian Tire Centre on Sunday. For the story, go to metronews.ca. SEAN KILPATRICK/THE CANADIAN PRESS



The Carleton Ravens' Philip Scrubb cuts a strip of the net as he celebrates the team's fifth straight CIS men's basketball championship in Toronto on Sunday. CHRIS YOUNG/THE CANADIAN PRESS

Ravens rule CIS for fifth straight year

Basketball. Carleton destroys Ottawa in gold-medal game of Final 8 tournament

During a timeout huddle with four minutes to go in the Carleton Ravens' Canadian university basketball victory Sunday, an animated coach Dave Smart was screaming in the face of his star guard Philip Scrubb.

The Ravens were leading by 41 points at the time.

There is no mercy in the Carleton Ravens, who thoroughly dismantled cross-town rival Ottawa Gee-Gees 93-46 to capture their fifth consecutive CIS title, and 11th in 13 years.

And moments after the final buzzer sounded on his college career, Scrubb said the Ravens' relentless attitude is part of their M.O. It's what makes them so good.

"That's what makes (Smart) a great coach, he doesn't take any possession off. If we're not



The Ottawa Gee-Gees' Johnny Berhanemeskel drives to the basket against Carleton Ravens Connor Wood, left, and Gavin Resch. CHRIS YOUNG/THE CANADIAN PRESS

trying and we're up 40, that kind of speaks to our character," Scrubb said. "We want to focus on playing every possession like it's a one-point game, so he just expects the best from us."

Scrubb poured in 28 points, while Thomas Scrubb added 20, capping spectacular college careers for the broth-

ers from Richmond, B.C. They became just the fifth and sixth players in CIS history to win five CIS titles.

The late-game scene on Carleton's bench, Smart said, is how he's instilled fierceness in his star player.

"Phil and I since Day 1, we've been very close, and ... we always talked about the

fact that me without him would be horrible, and him without my competitiveness might be horrible, too," Smart said. "So since Day 1, he can't give me his talent, but I can hopefully teach him how to be insanely competitive."

"That's the one thing he needs, he needs to always want to step on people's throats. It sounds bad but the bottom line is, he wants to play at the highest level, and if you look at the Chris Pauls, the Russell Westbrooks, the Kyle Lowrys of the world, they're mean guys when they walk on the floor, Phil's not a mean guy. He needs to become a crazy competitor."

Philip Scrubb shot 10-for-16 in his CIS finale, dropping shots from all over the floor, including one spectacular circus shot he threw up while falling out of bounds. He also dished out 10 assists.

Thomas Scrubb grabbed a game-high 12 rebounds. Smart subbed the brothers out of the game with a minute left to a standing ovation.

THE CANADIAN PRESS

Blues build lead, Rooney KOs Spurs

Premier League. Chelsea moves six points clear of City, United clobbers Tottenham's top-4 hopes

Chelsea failed to fully capitalize on Manchester City's stumble in the Premier League title race by only drawing against Southampton on Sunday, while Wayne Rooney landed a blow to Tottenham's Champions League hopes in Manchester United's most impressive victory this season.

Chelsea extended its lead over Manchester City to six points — with a game in hand — with a 1-1 draw at Stamford Bridge, although the advantage would have been even bigger had Southampton goalkeeper Fraser Forster not produced several great saves.

Diego Costa's 11th-minute header for Chelsea was quickly cancelled out by a penalty converted by Dusan Tadic.

Rooney capped United's 3-0 win over Spurs at Old Trafford with a stunning solo goal and performed a boxing knockout celebration. It was a response to a video released by a British newspaper on Sunday that showed the England captain being floored by an ex-teammate



Wayne Rooney shaped a flurry of punches before falling over on his back to celebrate his goal against Tottenham Hotspur on Sunday at Old Trafford in Manchester, England. OLI SCARFF/GETTY IMAGES

in a sparring session at home.

"I don't know how it's got out," Rooney said. "You know, it's what friends do — we mess around in the house and unfortunately it's made the front

page of the newspaper."

Marouane Fellaini and Michael Carrick also scored first-half goals for fourth-place United, which moved within two points of Man City in a

riveting tussle for Champions League qualification.

In the day's other game, Everton beat Newcastle 3-0 to pull clear of relegation danger. James McCarthy, Romelu Lu-

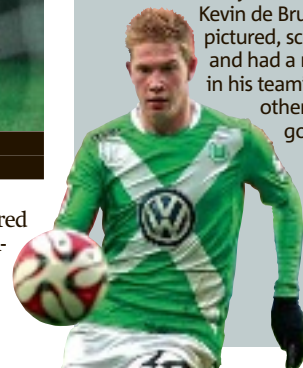
kaku and Ross Barkley scored the goals as Newcastle finished with 10 men after Fabricio Coloccini's sending-off.

THE ASSOCIATED PRESS

Around Europe Sunday

- **In Spain.** Gareth Bale ended his scoring drought with two in Real Madrid's 2-0 win over Levante, keeping his side a point back of leader Barcelona.
- **In France.** Diego Rolan scored the winner as Paris Saint-Germain slumped to a third league defeat this season, a 3-2 loss at Bordeaux.
- **In Italy.** Napoli's Champions League hopes were dealt a blow after a 2-0 defeat at Hellas Verona.

• **In Germany.** Second-place Wolfsburg beat Freiburg 3-0 to remain 11 points behind Bayern Munich. Kevin de Bruyne, pictured, scored and had a role in his team's other two goals.



Russell Westbrook, challenged here by Bulls centre Joakim Noah, had another 30-plus point game on Sunday in Oklahoma City. SUE OGROCKI/THE ASSOCIATED PRESS

Russ shows trust in Thunder win

Unlike the last time the Chicago Bulls played Oklahoma City, Thunder point guard Russell Westbrook showed faith in a teammate with the game on the line, and Anthony Morrow proved worthy.

Westbrook had 36 points, 11 rebounds and six assists, including one to Morrow for a game-clinching three-pointer in the final minute, helping the Thunder hold off the Bulls 109-100 on Sunday afternoon.

"We did a good job of learning from our mistakes," Westbrook said. "The first time we

On Sunday

109

Thunder

100

Bulls

played them, I had a chance to hit Serge (Ibaka) on a kickback (when) two guys were on me. Tonight, same situation — two guys on me. I kicked to A-Mo and trusted my teammate and

he knocked it down."

Centres Enes Kanter (18 points, 18 rebounds) and Steven Adams (14 points, 11 rebounds) both posted double-doubles for the Thunder.

For only the third time in the Thunder's last nine games, Westbrook didn't record a triple-double. Oklahoma City shot 46 per cent from the field, with Westbrook finishing 12 of 27.

Westbrook's final assist came on the game-turning play. With the Thunder up 99-95 in the final minute, he held the basketball until near the end

Not-so-textbook Westbrook

12

Over the 12-game stretch that reigning MVP Kevin Durant has missed with pain in his surgically repaired right foot, Russell Westbrook has scored 30 points or more eight times and posted six triple-doubles to force his way into this year's MVP discussion.

of the shot clock, then passed to Morrow, who swished the decisive three. The Thunder have won 16 of its last 18 home games. THE ASSOCIATED PRESS

NBA

Rockets gaining ground on Grizz

James Harden scored 34 points, Terrence Jones had 16 points and 12 rebounds, and the Houston Rockets beat the Clippers 100-98 Sunday in Los Angeles. Houston moves within two games of Memphis for the Southwest Division lead with 16 games left. THE ASSOCIATED PRESS



Rockets guard James Harden
KELVIN KUO/THE ASSOCIATED PRESS

NCAA basketball

Reigning champs UConn miss out on March Madness

Markus Kennedy scored 15 points, and No. 20 SMU held off UConn 62-54 on Sunday to win the American Athletic Conference Tournament title.

The defending national champion Huskies fell a game short of winning four

times in four days and earning a trip back to the NCAA tournament.

Yanick Moreira and Nic Moore each added 11 points for the Mustangs (27-6), who also won the league's regular-season title.

Rodney Purvis scored 29 points for UConn, which became the sixth team to miss the NAAs after winning the title the previous year since the field expanded to 64 in 1985. THE ASSOCIATED PRESS

Snow

Canada's Maltais golden again

Canadian Dominique Maltais captured a women's World Cup snowboard cross event Sunday while Kevin Hill finished third in the men's event.

Maltis, the Olympic silver medallist from Petite Riviere-St-Francois, Que., emerged victorious in the big



Dominique Maltais
GETTY IMAGES

final ahead of French racers Nelly Moenne Loccoz and Chloe Trespeuch.

Hill, of Vernon, B.C., was third behind Australia's Alex Pullin and Lucas Eguibar of Spain respectively. THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers.
It's OK. No one's watching.



Horoscopes by Sally Brompton

Aries

March 21 - April 20

Do something meaningful this week. Whatever it is, do it with others rather than on your own. As a group you may, in some small way, change the world.

Taurus

April 21 - May 21

You may be eager to push ahead with a project you know will be a success but the planets warn the timing is not right. Wait until Friday's solar eclipse.

Gemini

May 22 - June 21

Leave yourself plenty of time to reach your destination. Some days you can leave everything to the last minute, but today you have got to be organized.

Cancer

June 22 - July 23

It is possible you could come into money this week but it is also possible that you will lose money. Jupiter, planet of luck but also extravagance, warns you need to stay on top of the wasteful side of your nature.

Leo

July 24 - Aug. 23

Something will happen today that is a challenge and opportunity. While the challenge may come from the outside it is the way you react to it on the inside that makes it an opportunity.

Virgo

Aug. 24 - Sept. 23

Stay calm, be patient and don't try to force the pace. Accept that, where work is concerned, you have no choice but to wait while others catch up.

Libra

Sept. 24 - Oct. 23

Make sure you know what you are getting into today because if you let others take charge and decide what you will be doing you could end up in a place you don't really want to go.

Scorpio

Oct. 24 - Nov. 22

What is simple to you may be complicated to someone else, so don't get uptight if they can't grasp it. Patience may not be one of your virtues but you will need plenty of it today.

Sagittarius

Nov. 23 - Dec. 21

Nothing in your life is so urgent that it must be done right this moment and if anyone tells you otherwise they are not to be trusted. Bide your time and let others make the first move.

Capricorn

Dec. 22 - Jan. 20

Why do some people get hysterical over minor matters? Whatever the reason it's unlikely they are going to change, so make allowances.

Aquarius

Jan. 21 - Feb. 19

You feel confident but don't go too far and say or do something that risks making an enemy of people who are way beyond you in the power stakes.

Pisces

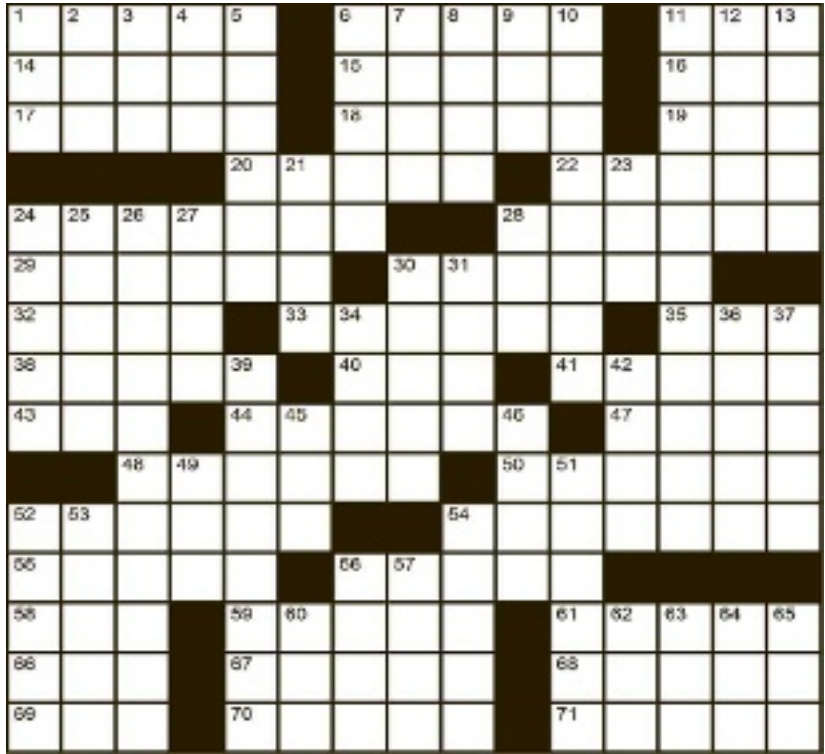
Feb. 20 - March 20

Don't cut corners and hope no one notices. They will. You may be falling behind and need to catch up but there is a right way and a wrong way to do it.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

- Warning signal
- Saskatchewan town south of Prince Albert
- Scottish hat
- Time lag
- Garlic sauce
- Folk classic: "___ Had a Hammer"
- The Police leader
- Comedian Nick with a self-titled sketch show
- Habs, on scoreboards
- "An ___ Husband" (1999)
- Can's ingredients spot
- Likes
- BC: ___ Lagoon Park, in Nanaimo
- Chicken Soup link
- Sweater sort
- Unfeigned
- Earlier match or round, short-style
- "WILD4TheNight (EgoLand)" Canadian rapper
- De-sud
- Frying need
- ___ kebab
- Founded, for short
- "Goodness.": 2 wds.
- 'Within'-meaning prefix
- More sore
- Thermal ___ (Hot/cold spot detector)
- Ancient death



god

- Sherry ___, Canadian entrepreneur/philanthropist
- WWII-era model
- Panache
- WSW's opposite
- Arctic = ___ region
- Baseball base
- Edinburgh 'uh-uh'
- Overturn
- Workshop

machine

- Gent's honorific
- Grooms-to-be events
- Fund

Down

- Classified listings, e.g.
- Permit
- Will Smith flick
- Operated

- "___ (Gone Gone Gone)" by Chilliwack
- Exclaims "Rise and shine!"
- Broadcast, ___ show
- ___-Aid (Flavoured drink)
- mEntire
- As per #11-Down... ___ Lake, BC (Headquarters of

- Pioneer Log Homes)
- HGTV's log cabins show: 2 wds.
- Later
- Paper factories
- Heavy, as emotion
- Prefix to 'culture' (Beekeeping)
- Cavern
- Ms. Day
- Rocky ___

- (Western Canada scenic train journey provider)
- Chemical suffixes
 - Fraternity letter
 - Johanna ___ (Opera soprano)
 - Seasoned stew, ___ podrida
 - Drove
 - Prefix with 'arthritis'
 - Cut
 - Dawn horse
 - Cabbage unit
 - Hellos
 - Rihanna's nickname
 - French vineyard
 - ___ Beach, South Carolina
 - Debuts, as a musical
 - ___ Peninsula, in Egypt
 - Poets
 - ___ collar
 - CBC News program, "The Exchange with Amanda ___"
 - Decide
 - Harrison's "Star Wars" (1977) role
 - "___ be my pleasure."
 - Pi's follower
 - Mother Nature's coat

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

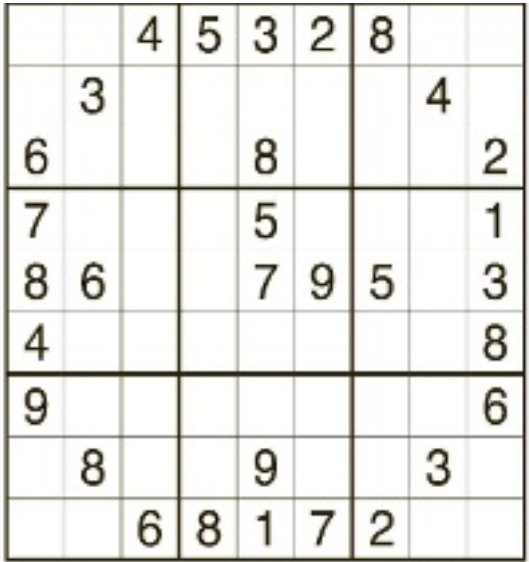


Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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